

THE TWELVE STEPS

1. We admitted we were powerless over alcohol -- that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscience contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

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THE TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority--a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose-- to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues, hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

ALCOHOLICS ANONYMOUS

VERMONT AREA 70 DISTRICT ONE

January 2008
MEETING LIST

Answering Service (802) 524-5444

Area 70 Website: aavt.org
District One Website: aavt-district1.org

ALCOHOLICS ANONYMOUS is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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Questions for ALCOHOLICS ANONYMOUS?

Write:

DISTRICT ONE
P.O. BOX 1216
ST. ALBANS VT 05478

SUNDAY

O S St. Albans 7:00PM
 St. Albans Group
 Northwest Medical Center
 Conference Room 1, Crest Rd

MONDAY

O ST St. Albans 6:30PM
 Step by Step Group
 Step Meeting, Baptist Church
 Congress Street

O ST Montgomery 8:00PM
 Trout River Group
 St. Isadore's Parish, Rt. 242

TUESDAY

O ST St. Albans 12:00PM
 Noon 12 Step Meeting
 1st Congregational Church
 Church Street

O BB Enosburg Falls 7:00PM
 Missisquoi Group
 Methodist Church, Church Street

O D Swanton 8:00PM
 Good Life Group
 Church of the Nativity Parish Center
 Canada Street

WEDNESDAY

O B St. Albans 6:30PM
 Step by Step
 Beginner's Meeting
 Baptist Church, Congress Street

THURSDAY

C D Fairfield 6:15PM
W Fairfield Women's Discussion
 Fairfield Center's Common,
 Soule Drive off of Rt. 36

O ST Fairfield 6:30PM
S D Step/Speaker/Disc.
 St Patricks' Church,
 off of Rt. 36

C D St. Albans 6:30PM
 No Frills, (Literature Based)
 Methodist Church, Rt. 36

O D St. Albans 7:00PM
 Still Alive & Well, Discussion
 Baptist Church, Congress Street

O D Alburgh 7:30PM
HA Good Faith Group
 Islands In The Sun
 Senior Citizens Center, Rt. 2

C D Fairfax 8:00PM
HA Fairfax Group
 Bellows Free Academy

FRIDAY

O D St. Albans 6:30PM
BB Step by Step Group
 Big Book Discussion
 Baptist Church, Congress Street

SATURDAY

OD Georgia 8:00PM
HA Have No Fear Meeting
 United Methodist Church
 Fellowship Hall, Route 7

INSTITUTIONAL MEETING

Wednesday 8:00PM

SD NW State Correctional Center
 48-Hour Prior Approval Needed
 Volunteer Coordinator 524-6771

District One Meeting

2nd Friday of the Month 7:00PM
 1st Congregational Church
 Church Street, St. Albans

All are welcome to attend
 service meetings.

KEY

O Open **C** Closed
D Discussion **S** Speaker
B Beginner's **ST** Steps
BB Big Book **W** Women's
CL Candlelight
HA Handicapped Accessible
All Meetings are Non-smoking!

Telephone Numbers
